

# *Anglican Prayer Bead Program*

**Saturday, October 27, 2007**

**10 AM – 3 PM**

*Presented by*

**Mother Laura Howell, Gaby Whittier**

and

**Sister Patricia Michael**

Please join us for a morning presentation regarding the history and use of prayer beads and prayer ropes as aides for spiritual devotion and focused contemplative prayer. Following a bag lunch, you are invited to select your materials and make your own prayer beads while enjoying the fellowship of others.

**There is no fee for this program, however donations are welcome for the Prayer Bead Ministry at Trinity Episcopal Church, Bethlehem, PA.**

Supplies for making your own prayer beads will be provided.

Pre-made rosaries and other resource materials will also be available for purchase

Please bring your own lunch ~ Refreshments will be provided

**Even though we believe that all will benefit and enjoy this workshop, it is being geared specifically to Middle/High School age people.**

*All are welcome! Bring a friend!*

*Pre-Registration Requested*

Please call the church or send an email to [gaby@trinitybeth.org](mailto:gaby@trinitybeth.org)

*Trinity Episcopal Church*

44 E. Market Street, Bethlehem, PA

Phone: 610-867-4741

[www.trinitybeth.org](http://www.trinitybeth.org)

## *What Are Prayer Beads and Ropes?*

The use of **Anglican Prayer Beads** is a prayer form that is a blending of the Marian (Roman Catholic) Rosary and the Orthodox Jesus Prayer Rope.

Since the earliest of times, people have used pebbles or a string of knots or beads on a cord to keep track of prayers offered to God. Some form of a rosary, or prayer beads, has been found in virtually every major religious tradition in the world.

## *Are Anglican Prayer Beads Different From Catholic Rosary Beads?*

**The Anglican form** of this rosary style prayer method came out of a contemplative prayer group that met in the mid 1980s and was created by an Episcopal priest.

Comprised of 33 beads, the number of years Our Lord walked this earth, it is well grounded in Incarnational theology and the symbolism contained in it points towards the Celtic view of the sanctity of all of God's creation.

## *How Do I Use Them?*

**The use of Prayer Beads** fosters contemplative prayer by bringing into use the whole of us – body, mind, and spirit. The pressure of the fingers on each successive bead is an aid in keeping the mind from wandering, and the rhythm of the prayers leads one more readily into stillness.

(the above information was obtained from **Ecumenical/Anglican Prayer Beads: A Rosary for Christians** by Sr. Brigit-Carol, SD (used with permission))

### **Prayer Bead Ministry at Trinity Episcopal Church, Bethlehem, PA**

Under the guidance of Mother Laura Howell, this group prayerfully makes and distributes prayer beads and provides workshop leadership both in the creation of and use of prayer beads.

[www.trinitybeth.org](http://www.trinitybeth.org)

- ❖ **Prayer Beads are distributed at Trinity Church (donations welcome).**
- ❖ **Prayer Beads may be purchased from [GiGi Beads](#) (proceeds from sales are used to purchase materials to continue this ministry).**

[www.trinitybeth.org/prayerbeads.html](http://www.trinitybeth.org/prayerbeads.html)